



Glengarry Skating Club

Penticton, BC

**Covid-19 Return-to-Play Guidelines**

The Glengarry Skating Club (GSC) guideline to Covid-19 Return-to-Play are based on and follow all the requirements of the **Skate Canada BC/YK Return to Play for Figure Skating Guidelines & Skate Canada BC/YK Section CanSkate Program Requirements and Delivery Standards with Covid-19 Considerations** created in association with **viaSport**, and the **City of Penticton McLaren Arena Use Group COVID-19 Guidelines**. They have been created with the intention of following a ~~2~~ **3** metre physical distancing protocol at all times, and have been thought through with the idea of our specific facility, which is McLaren Park Arena, located on King Street in Penticton, BC, and is operated by the City of Penticton.

It is the intention of the GSC to return to our sport and facility in a manner which keeps our skaters, coaches, employees, contractors, parents, and facility operators safe.

### **Number of Users**

We are currently limiting participants to the following numbers of people on the ice:

CanSkate & Star Academy sessions; ~~18 skaters & 4 coaches~~ **22 skaters & 5 coaches**

StarSkate & CompetitiveSkate sessions; 14 skaters & 4 coaches

This may change as we move forward. The GSC will follow all user guidelines as issued by Skate Canada BC/YK & the City of Penticton and update on an ongoing basis.

We will be using dressing rooms and the hallways to seat participants and their adult while waiting to get on the ice. Allocated spaces are marked on our schedule. We are planning to use all 5 dressing rooms, the Meeting Room, and the North & South Hallways with current skaters occupying space at one end of the building (ie; 1 & 2 & MR & SH) while skaters who are preparing to get on the ice use the dressing rooms at the other end (ie; 3 & 4 & GR & NH). We will be limiting skaters to the recommend number of skaters per dressing room as outlined by the City of Penticton. The doors to the dressing rooms are to remain propped open at all times. Restrooms in the dressing rooms are being closed by the City of Penticton, so all skaters and coaches will need to use one of the 3 main restrooms off the hallway.

Our 1<sup>st</sup> & 2<sup>nd</sup> on-ice coaches will be using the Glengarry SC office located at the south end of McLaren Arena. As these two people are married and live together, there is no need for them to maintain a physical distance of 2m from one another. Our 3<sup>rd</sup> & 4<sup>th</sup> coaches will use chairs set up across from the GSC office in the South Hallway.

### **Spectators/Parents/Designated Adult**

CanSkate & Star Academy sessions; ~~1 adult per skater~~ **1 adult per family to help skater prepare and leave the session, no spectators during the session. The 1 adult per family should wait in their car at the parking lot to McLaren Park Arena with access to their phone.**

StarSkate & CompetitiveSkate sessions; no spectators

### **Prompt Drop-off & Pick-up**

Parents are being asked to respect all drop-off and pick-up times, and to wait outside the rink for their skater. As we are being limited to the number of people in the arena, and are

monitoring how traffic will flow in and out of the building, we will be unable to allow skaters to remain in McLaren Arena after their designated time. Skaters will need to leave the building and wait for their parents outside (and unsupervised) if the parents are running late.

### **Face Coverings (referred to as 'Mask')**

The Glengarry Skating Club Board of Directors has decided to require masks to be worn while inside McLaren Park Arena, in all areas other than while on the ice surface itself. **This is also required by the City of Penticton.** (Dressing rooms, the main hallway, bleachers, bathrooms, lobby, etc.) This applies to all skaters, coaches, volunteers, or parents who enter the building. Masks can be made of any type of fabric that covers the mouth & nose of the wearer.

Examples:

- Standard white working dust mask (Rona)
- Surgical mask (Canadian Tire)
- Buff (Canadian Tire)
- Homemade fabric mask

**Skaters in the CanSkate, Star Academy, & CanPowerSkate program are permitted to remove their mask while on the ice surface.**

**Skaters in the StarSkate & CompetitiveSkate must leave their mask on while on the ice surface, unless they are the one designated skater performing their program to the music.**

The GSC Board of Directors understands that this step is above and beyond what is required from both Skate Canada BC/YK and the City of Penticton. In order to keep a safe environment for our employees, contracts, and clients, this is the decision that has been made.

### **Use of Restrooms**

The GSC will be limiting the use of the main restrooms to one person at a time. As such, we are asking the City of Penticton to ensure that the Accessible Restroom (south end of McLaren Arena) is also available in case the main restroom is occupied.

### **Dryland Classes**

All Fall20&Winter21 dryland training classes will be held via Zoom, and participants and coaches will take part from home. There will be no classes held at McLaren Park Arena.

### **Music Equipment**

Only the 1<sup>st</sup> & 2<sup>nd</sup> coaches who are on ice are permitted to use the music equipment. As these two people are married and live together, there is no need for them to maintain a physical distance of 2m from one another, or to clean the equipment between users.

### **Screening**

All skaters and coaches will be required to participate in a verbal Covid-19 screening each time they arrive at the arena for their session. Any person who seems to be ill, or who has been in contact with an ill person will be refused entry. This is as per the Skate Canada BC/YK & viaSport **and the City of Penticton** guidelines.

## **Flow of Users**

Each session will have a volunteer adult who will manage flow for that session and conduct the verbal Covid-19 screening. This adult will be responsible for ensuring that a ~~2m~~ 3m physical distance is kept while skaters are:

1. Entering the building and screening (only enter at the west door – by the lobby)
2. Moving from the entrance to their assigned waiting space
3. Moving from the assigned waiting space to the ice surface
4. Moving from the ice surface to their assigned waiting space
5. Moving from their assigned waiting space to exiting McLaren Park Arena via the exit door that is closest to their assigned waiting space

## **On-Ice Protocols**

The following protocols will be put in place and managed by the coaches who are on the ice surface at McLaren Arena:

### **CanSkate & Star Academy sessions:**

1. All entrance and exit to and from the ice surface will be through the W ice gate. This is to ensure the safety of our skaters so they do not need to walk up and down the stairs to use the NW & SW ice gates.
2. No water bottles on the ice. If a skater needs water, they will need to exit the ice and for their designated adult to assist.
3. Gloves MUST be worn at all times. We suggest that gloves are washed after each session when the skater returns home.
4. Skaters and coaches are to ensure that a ~~2m~~ 3m distance is being kept while on the ice at all times. There will be no dance partnering lessons or jump harness lessons as these two types of lessons require close contact between the coach and skater.
5. Music for these sessions will be set up by our 1<sup>st</sup> & 2<sup>nd</sup> coaches. There are no programs to play for this level of skater, so the music will not need to change once it has been set.

### **StarSkate & CompetitiveSkate sessions:**

1. Only the NW ice gate will be used to enter the ice by skaters. Physical distancing marks will be used to ensure proper spacing before the session.
2. Only the SW ice gate will be used to exit the ice by skaters. Physical distancing marks will be used to ensure proper spacing as skaters wait to file through the gate.
3. Only a skaters' own water bottle may be brought to the ice. No other food or drink is permitted. There will be markers on the player benches boards for placement of water bottles, guards, and tissue.
4. All used tissues MUST be disposed of immediately after use. We will ensure that there are garbage bins in each of the player benches that are accessible for the skaters.
5. Gloves MUST be worn at all times. We suggest that gloves are washed after each session when the skater returns home.
6. Skaters and coaches are to ensure that a ~~2m~~ 3m distance is being kept while on the ice at all times. There will be no dance partnering lessons or jump harness lessons as these two types of lessons require close contact between the coach and skater.

7. Only the 1<sup>st</sup> & 2<sup>nd</sup> coaches may use the music equipment. Skaters are to request to a coach if they would like to skate their program, and the coach will use the equipment to select their music file.

### **GSC Group Lockers**

The Glengarry SC group lockers located at the south end of the building will be unavailable during this time.

### **Summary**

The Glengarry Skating Club is committed to keeping our entire team safe during this time. Please remain flexible to our guidelines, as they may change as we follow directives that are issued by:

1. Skate Canada BC/YK
2. viaSport
3. City of Penticton

If you see an item that we can do better on, please let us know. We're happy to review the protocols that we have put into place, and adjust to improve.

Welcome back & happy skating!